

**B**

# Getting Started as a Young Investor

San Jose Public Library  
9/21/2022

Presented By  
**Russell Malley** <mailto:iclub-ram@comcast.net>  
**Marion Michel** [contact@silicon.betterinvesting.net](mailto:contact@silicon.betterinvesting.net)



**B** **BETTER INVESTING**<sup>™</sup>  
Silicon Valley Chapter

1

**B** **2**

## Disclaimer

- The information in this presentation is for educational purposes only and is not intended to be a recommendation to purchase or sell any of the stocks, mutual funds, or other securities that may be referenced. The securities of companies referenced or featured in the seminar materials are for illustrative purposes only and are not to be considered endorsed or recommended for purchase or sale by BetterInvesting<sup>™</sup> / National Association of Investors<sup>™</sup>. The views expressed are those of the instructors, commentators, guests and participants, as the case may be, and do not necessarily represent those of BetterInvesting. Investors should conduct their own review and analysis of any company of interest before making an investment decision.
- Securities discussed may be held by the instructors in their own personal portfolios or in those of their clients. BetterInvesting presenters and volunteers are held to a strict code of conduct that precludes benefitting financially from educational presentations or public activities via any BetterInvesting programs, events and/or educational sessions in which they participate. Any violation is strictly prohibited and should be reported to the CEO of BetterInvesting or the Director of Chapter Relations.
- This presentation may contain images of websites and products or services not endorsed by BetterInvesting. The presenter is not endorsing or promoting the use of these websites, products or services.
- National Association of Investors<sup>™</sup>, BetterInvesting<sup>™</sup> and the BetterInvesting<sup>™</sup> Icon are trademarks/registered trademarks. All rights reserved. © 2021 BetterInvesting<sup>™</sup>.
- **We may be recording this session for our future use.**

2

**B** **3**

## Presenters



**Russell Malley**  
President  
Silicon Valley Chapter



**Marion Michel**  
Vice-President  
Silicon Valley Chapter

3

**B** **4**

## Agenda

- Personal Finances and You
- Goals, Strategies & Compound Returns
- Basic Types of Financial Investments
- Free, Impartial Education and Research Resources
- Questions

4

**B** **5**

---

# PERSONAL FINANCES AND YOU

---

## Know Yourself

You can start your financial education journey at any time, no matter how young you are, though you must be an adult to invest on your own.  
There is something to learn at every age.

5

**B** **6**

## Know Yourself

### Where Are You on Your Financial Journey?

**If you aren't yet on your own or you are just starting your journey:**

- Know yourself
- Think in terms of matching your spending to your means
- Establish a habit of controlling your spending
- Think about your goals for saving and investing
- Learn which strategies match goals
- Learn about basic financial concepts, like compounding

**If you are on your own:**

- Review the goals above
- Develop a financial plan
- Control credit card debt
- Build an emergency fund
- As you can, implement your saving and investing goals
- Take advantage of IRAs and employer 401Ks
- Continue your lifelong financial education

6

**B** **7**

### Does DIY Work for You?

Not necessary to do it yourself, but you can save on expenses

The main thing is to know yourself, now and in the future

- How do you rate your financial literacy? Beginner? Farther along?
- Do you / would you enjoy learning how different kinds of businesses make their money?
- Do you / will you have time to learn about investing? It's OK to go slow as long as it's steady.
- Do you / will you have time to monitor your investments at least quarterly? It's normal to build an investment portfolio slowly and keep it manageable.
- Are you "math phobic." Don't be. The basic math isn't fancy.
- Would you sleep at night if/when you lose money?
- How impulsive are you?

If you like DIY generally, just not in the investing arena, there are ways to simplify things. More on this as we go along.

7

**B** **8**

### Emotions? What Emotions?


Many decisions are actually made by the unconscious centers of the brain. You are not even aware of the underlying reasons, which may not be rational.

Everybody says it's a great/lousy company!

The CEO is awesome/a jerk!

What a cool/dumb name for a stock!

I love/hate their products!



CNRI/Phototake

My research says it's a good company, but....

The economy is cratering/unstoppable!

Amazon didn't have any profits in the beginning either.

I'm afraid of losing money

8

**B** WWW.BETTERINVESTING.ORG **9**

## Behavioral Economics

Humans did not evolve with today's financial markets.

Our brains do not always make rational decisions regarding investing.

Educate yourself about brain shortcuts that may hinder your investing.

Knowledge of these tendencies can help you avoid them.

Realize you will make mistakes occasionally.

Be sure to learn from your mistakes.

Even better – read and learn from others' mistakes.


*The Behavior Gap – Simple Ways to Stop Doing Dumb Things with Money* by Carol Richards

9

**B** **10**

## A Financial Plan

### Whether you're on you own or not



- Review your expenses/spending
  - ✓ Essential vs non-essential items?
  - ✓ Excessive or impulsive spending?
- Compare expenses/spending to your income/means
- Create a Budget to get them in balance

10

**B** 11

## Plug Spending Leaks



- **What is a spending leak?**
  - Seemingly small amounts of money, spent on nonessentials, that add up over time
- **Examples of spending leaks**
  - Soda, coffee drinks, habits such as cigarettes
- **Wants vs. needs**
  - Deciding if you want it or need it helps with spending leaks

11

**B** 12

## Impulse Buying




Resist !!

12

**B** 13

## Control Credit Card Debt

- Keep only one or two cards
- Don't charge big ticket items
- Pay off each month
- Shop for best deal
- Leave cards at home
- Use cash
- Make lists



13

**B** 14

### Here's Why Credit Card Companies Love You When You Only Make the Minimum Monthly Payment

**A REAL EXAMPLE**  
 You buy a mattress for \$893.47 on credit\*.

Your bill arrives and tells you this:

Minimum payment = \$30.00	(This is about 3.3% of the total.)
September payment is due by 9-25-22 If you are late, there's a \$41 fee.	(There will be a \$41 fee every month you pay late. This is more than the \$30 minimum monthly payment.)
If you pay only the \$30 minimum for 5 years, you will end up paying \$1,594.	(This is \$700 more than the mattress cost, or almost 80% more)
If you pay \$37 for 3 years, you will end up paying \$1,348 – a savings of \$246.	(This is \$454 more than the mattress cost, or about 50% more. It is NOT a “savings.” It’s simply \$246 less than the larger cost of 5 years at the minimum payment: 1,594-1,348 = 246)

\* Annual Percentage Rate (APR) is 28.99%

The credit card company stands to make 50% - 80% profit on your mattress if you stretch payments out for the times they suggest (warn you about). That doesn't include late payment fees.


**This is probably just one item on your credit card bill.**

14

**B** **15**

# DEBT

- **Try these steps:**
  - Prioritize
  - Pay at least the minimum
  - Eliminate debts with highest interest rates
- **Consider debt consolidation**
  - [www.consumerfinance.gov](http://www.consumerfinance.gov)
  - [www.nfcc.org](http://www.nfcc.org)
  - [www.afcp.org](http://www.afcp.org)



15

**B** **16**

## Pay Yourself First Build Your Emergency Fund

Build a Financial Safety Net for emergencies

- Loss of Job
- Medical Emergency
- Car repair
- Household repairs
- Family Emergency



16



**B** 17

# GOALS AND STRATEGIES

---

Saving versus Investing  
Short-Term versus Long-Term  
Simple versus Compound Return

17

**B** 18

## SAVING versus INVESTING

Saving	Investing
<p><u>Short term goals 1-5 years</u></p> <ul style="list-style-type: none"><li>• Don't risk losing money</li><li>• Insured bank account</li><li>• Insured CDs (certificates of deposit)</li><li>• US Treasury Bills</li><li>• Little to no compounding</li></ul>	<p><u>Long term goals 5+ years</u></p> <ul style="list-style-type: none"><li>• Weigh potential risks and gains carefully<ul style="list-style-type: none"><li>• Stocks</li><li>• Mutual funds or ETFs</li><li>• Bonds</li><li>• Other</li></ul></li><li>• Take advantage of compounding</li><li>• Never invest if you cannot fund your basic needs (food, rent, etc.)</li></ul>

More about types of savings and investing later

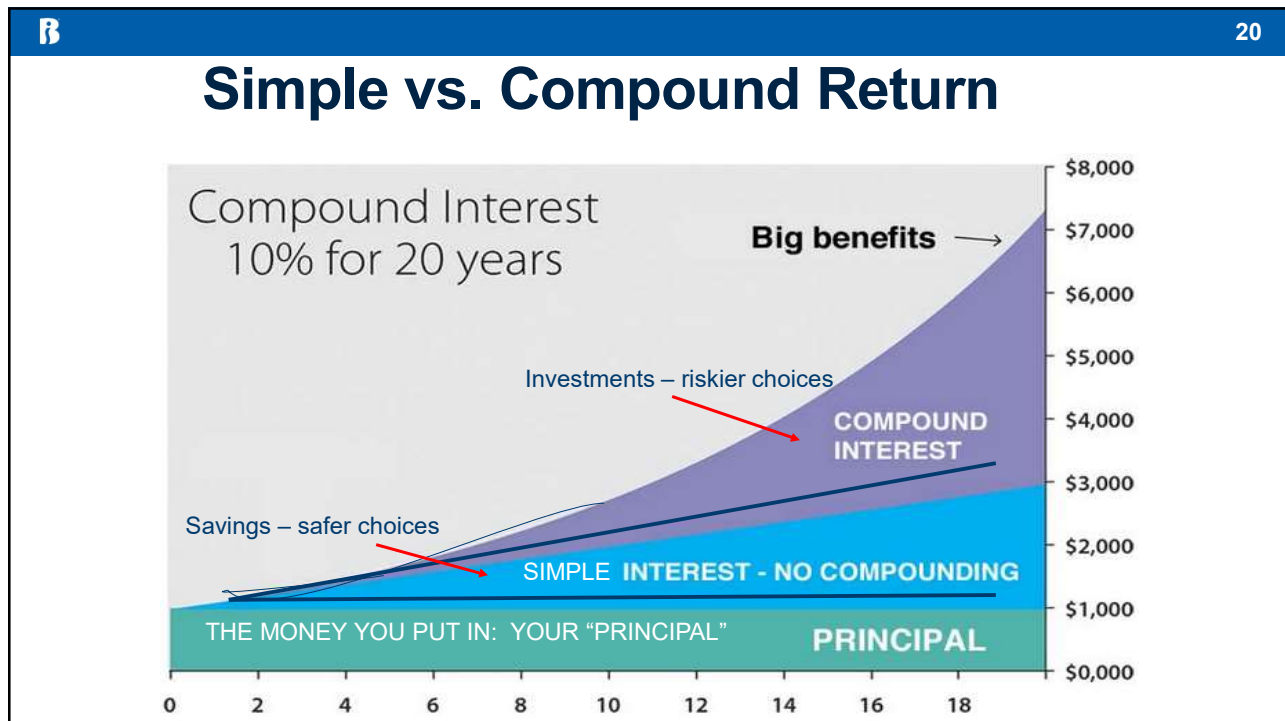
18

**B** 19

## Short-Term versus Long-Term Goals

Short-Term: Save	Long-Term: Invest
<ul style="list-style-type: none"><li>• Holiday/graduation/wedding gifts/expenses</li><li>• Vacation</li><li>• Car</li><li>• Emergency fund</li><li>• Bridge between dips in seasonal or irregular income</li><li>• Down payment on home</li></ul>	<ul style="list-style-type: none"><li>• Maintain purchasing power</li><li>• Kids' college fund</li><li>• Retirement</li><li>• Expensive hobbies</li><li>• Others</li></ul>

19



20

**B**
21

## Simple Annual Return vs. Compound Annual Return (CAR)

### Simple Annual Return

**\$1,000 invested for 20 years @10%**

Your principal (\$1,000) does not grow. Every year you earn 10% of \$1,000, or \$100.

In year 1, you earn 10% of \$1,000 = 100 earned  
 In year 2, you earn 10% of \$1,000 = 100 earned  
 In year 3, you earn 10% of \$1,000 = 100 earned  
 In year 4, you earn 10% of \$1,000 = 100 earned

20 years x \$100/year = \$2,000

1,000 Your principal (investment)  
 +2,000 earned at 10% simple rate  
 =**3,000** at end of year 20

Simple rate OK for safe, short-term saving.  
 You probably will get 1-3% per year, not 10%.

### Compound Annual Return (CAR)

**\$1,000 invested for 20 years @10%**

Your principal (\$1,000) does not grow, but every year, your earnings are added to it before the rate of return (10%) is applied

In year 1, you earn 10% of \$1,000 = 100 earned  
 In year 2, you earn 10% of \$1,100 = 110  
 In year 3, you earn 10% of \$1,210 = 121  
 In year 4, you earn 10% of \$1,331 = 133  
 Etc.

Over 20 years, compounding makes a huge difference.

1,000 Your original principal  
 +6,000 earned at 10% compound rate  
 =**7,000** at end of year 20

CAR better for long-term investing, which involves risk. 10% CAR is possible.

21

**B**
22

Despite ups and downs, over the long-term stocks have beaten inflation and more  
 This is why people learn to invest wisely and take the risk

### Ibbotson SBBI Stocks, Bonds, Bills, and Inflation (1926-2017)

Compound Annual Return	
Small Stocks	12.4%
Large Stocks	10.4%
Government Bonds	5.7%
Treasury Bills	3.5%
Inflation	3.0%

Small stocks – large return but risky

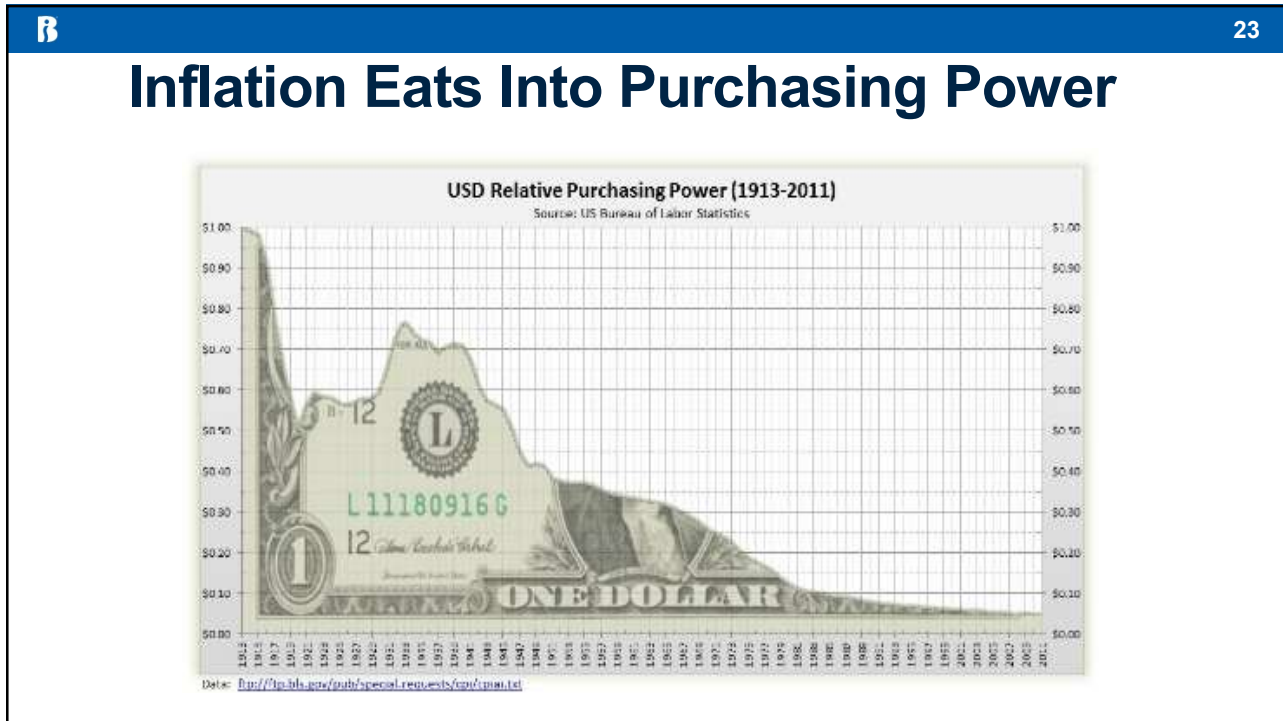
Large stocks – large return but risky

Govt. bonds – small return less risky

Treasury bills – small return less risky

Inflation – eats into returns

22



23

**B** **24**

## BASIC FINANCIAL INVESTMENTS

---

Stocks  
Funds: Mutual Funds, Exchange Traded Funds  
Bonds

24

**B** **Types of Basic Financial Assets** 25

**Stock Shareholder - OWNER**

You have **BOUGHT** shares of a company

Your shares become more valuable if the company prospers

The company may use some of its profits to pay you cash (dividends) periodically

**Fund Shareholder - OWNER**

You have **BOUGHT** shares of a mutual fund or ETF (exchange traded fund)

Funds are collections “baskets” of stocks and/or other assets chosen by a manager

You buy shares of the fund, not its individual stocks or other assets

Your shares become more valuable if the fund prospers

Some of the fund profits may be used to pay you dividends

**Bondholder - LENDER**

You have **LOANED** money to a company or a “Muni” – a government entity

You receive periodic cash (interest) payments from the company or muni for a set period of time until your loan is paid back

25

**B** **Pros and Cons of Investment Types** 26

**Individual Stocks**

**DIY is for you:**

- Time
- Temperament
- Skill
- Interest

Historically best long-term returns

You are OK with slowly diversifying

**Funds (Mixtures)**

Often less \$ needed to start

Don't have time, etc. DIY not right for you now

Funds provide a measure of instant diversification

No-load Index funds often have very low fees

**Individual Bonds**

You know exactly what your returns will be

You are OK with historically low returns

DIY is for you

26

**B** 27

### If DIY Investing Is Not for You...

You can still be a saver and investor.

Index, no-load mutual funds might be easier to use than stocks or bonds.

You can “hire” certified financial managers to advise you and make investment choices for you. You will need to “manage your manager.” Knowing something about investments makes that easier.

There will be more fees than if you DIY.

For more information about financial managers and their specialties:  
[FINRA.org](http://FINRA.org) > Education

Financial managers will want to know about your financial goals and objectives so they can best help you.

If you do retain a manager, be sure to keep track of what they do on your behalf. The tips in this presentation will help you understand their recommendations and evaluate their performance.

27

**B** 28

## What is a Stock?

- Corporations issue (sell) stock to raise funds to operate their businesses. They sell a chunk of the business.
- Investors who buy stock become shareholders in the company ... they own part of the company.
- If the company’s business succeeds, shareholders’ stock usually becomes more valuable.



In the old days, companies gave investors paper certificates to document how much they owned. Today, this is handled electronically.

28

B

29

## How to Buy / Sell Stocks

- Stocks are bought and sold predominantly on exchanges, such as:
  - New York Stock Exchange (NYSE)
  - NASDAQ
- Investors set up accounts with brokerages to buy and sell their shares. Brokerages you've probably heard of:
  - Fidelity Schwab Roundtable Many Others
- Minors must use a custodial account
  - CUTMA or CUGMA in California (more later)

29

B

30

## Rights of Stock & Fund Shareholders

- Attend and vote in annual shareholders' meetings.
- Receive dividends if companies pay them. Not all do.
  - Dividends are cash payouts, often made on a quarterly basis.
- Sell shares to reap profits of shares that have gone up in value or to cut losses from shares that go down in value.

### **A Shareholder's Total Return =**

1. Rising (declining) value of shares +
2. Dividends, if any

**Do NOT spend dividends or profits/losses from sales.  
Treat them as money to invest.**

30

**B** 31

### Mutual Funds vs. Exchange Traded Funds (ETFs) May be easier for beginning investors

<h4>Mutual Funds</h4> <ul style="list-style-type: none"><li>• Purchased and sold (traded) at end of trading day</li><li>• Funds charge annual fees</li><li>• Some also charge “loads,” or one-time fees</li><li>• More often are actively managed</li></ul>	<h4>Exchange Traded Funds</h4> <ul style="list-style-type: none"><li>• Purchased and sold (traded) throughout the trading day</li><li>• May be more tax efficient with smaller fees</li><li>• Transaction fees may be charged when buying or selling.</li><li>• Many passively match an index</li></ul>
---	---

Both are baskets of stocks, bonds or other assets.

31

**B** 32

### Actively Managed Mutual Funds & ETFs

- The fund managers pick stocks (and/or other assets) which they believe will outperform the market
  - Most fund managers trade too much. (They buy and sell too often.)
  - Most are not tax-efficient.
- **Fund holders pay for this asset-picking “expertise”**
  - Expense ratios (range from 0.5% up to 2% or more)
  - Transaction costs (buying and selling) are an additional expense

32



**B** 33

### Passively Managed Funds/ETFs

Often good for beginning investors

These funds often match holdings in an index. Funds based on well known indexes, such as the “Dow” or the S&P 500 Stock Index, usually have very low fees.

- Very low expense ratios (0.1% to 0.2%)
- Offer tax-efficiency due to low turnover
- Indexes are lists of stock, bonds or other assets. They are intended to represent the market or part of the market.
- Index fund managers don’t spend time picking stocks.

Over the long-term (10 years), 85-90% of active managers fail to beat the S&P 500 index

- Source: [Morningstar.com](http://Morningstar.com)

33

**B** 34

### Impact of Fees

The graph shows the growth of an investment over time for three different portfolios. The y-axis represents the dollar amount of the investment, ranging from \$0 to 1,400,000. The x-axis represents time, though not explicitly labeled with years. The three portfolios are: Portfolio One (5% fee, green line), Portfolio Two (3% fee, blue line), and Portfolio Three (1.5% fee, black line). All three portfolios start at approximately \$100,000. Portfolio Three shows the highest growth, reaching nearly \$1,200,000. Portfolio Two reaches about \$750,000, and Portfolio One reaches about \$450,000.

Portfolio	Fee	Final Investment Value (Approx.)
Portfolio One	5%	\$450,000
Portfolio Two	3%	\$750,000
Portfolio Three	1.5%	\$1,150,000

Growth of Your Investment over the long-term

- 1.5% fee
- 3% fee
- 5% fee

The larger the fee, the lower your return

34

B

35

## Bonds – Different from Stocks & Funds

- Bondholders are creditors (lenders) to a corporation or government agency. They are entitled to interest payments and repayment of principal
- Creditors in a bankruptcy have legal priority over stock holders and are made whole first
- Bonds have a fixed duration; they expire on the date specified in the bond
- After the original issuance, bonds are often resold on the secondary market
- Bondholder's Return =  
YTM, or Yield to Maturity (interest payments until bond expiration) + Repayment of principle when bond was issued

35

B

36

### Other Kinds of Investments

Each kind of investment has its own knowledge base

Real estate

Commodities (wheat, cattle, etc.)

Metals (gold, silver, aluminum, etc.)

Collectibles (Art, coins, etc.)

BetterInvesting can help you get started with  
financial investments, particularly stocks

For other investments, search for impartial sources of information in those areas, and give yourself time to learn and explore thoroughly, just as you should for financial investments.

36

**B** 37

# FREE, IMPARTIAL FINANCIAL INFORMATION RESOURCES

---

## Library – Value Line Investment Survey Websites

37

**B** Value Line 38

- The San Jose Public Library subscribes to the Value Line Investment Survey
- You can access it with your SJPL card online 24/7
- VL is a well known, independent source of information about companies
- VL has an online users' guide to help you understand their reports

VL Reports are crammed with information.

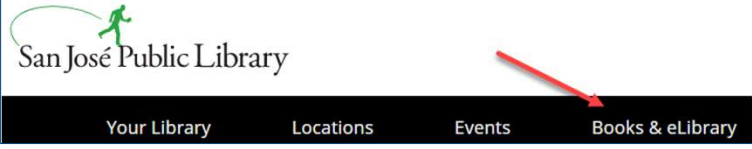


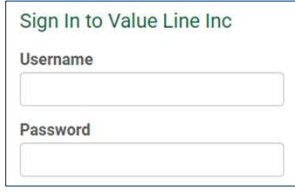
What does the company do? (What products/services to they sell?)

- Are their sales (revenue) growing steadily?
- Are their profits (earnings per share) growing steadily?
- Do they have a lot of debt?
- How has the company done lately?
- What does the Value Line analyst think about the company?

38

**B** How to Find Value Line Reports **39**

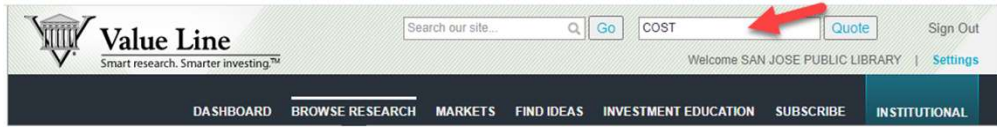
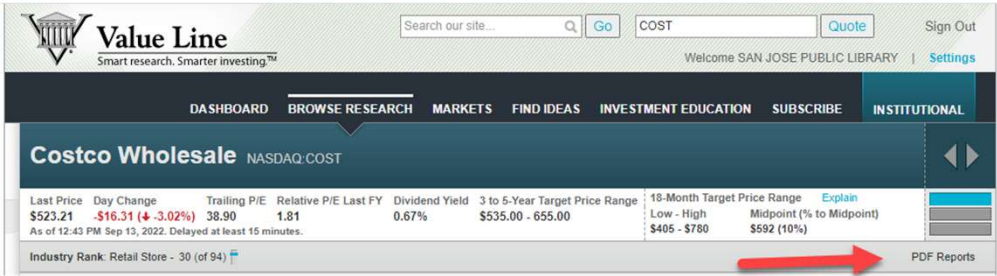
## Logon to Value Line Investment Survey™

1. 
2. 
3. 
4. **Scroll to:**
  - United States Copyright Office
  - **Value Line Investment Survey**
  - VetNow & JobNow
5. 

39

**B** **40**

## Find a VL Stock Report

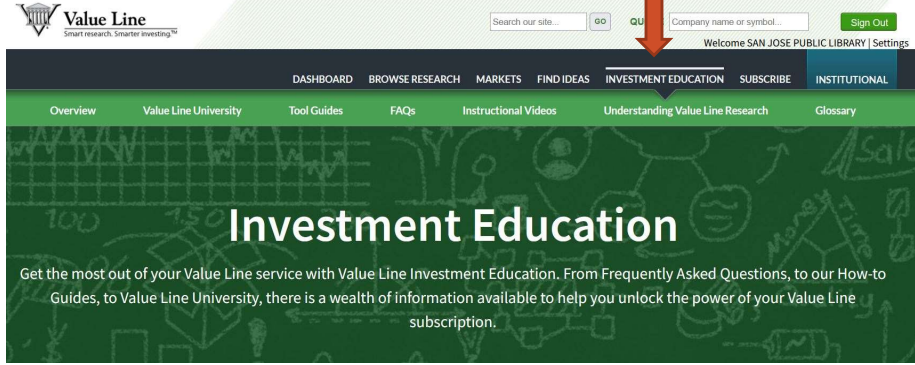
1. Put in a stock name or ticker. Click on "Quote"
 
2. Click on PDR Reports
 

40

B
41

## Learning to Use Value Line

The Value Line website has an Education section.  
This section includes a guide to reading the reports.




## BetterInvesting local chapters also give presentations on using Value Line.

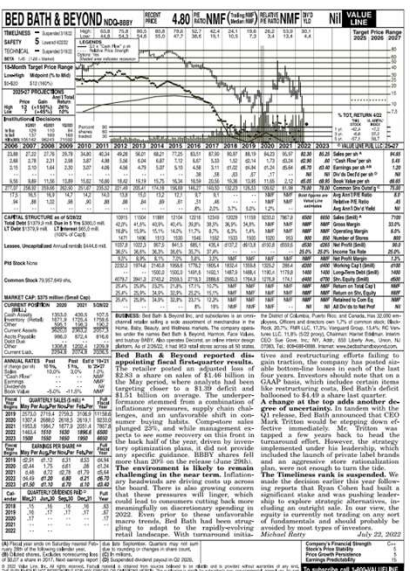
41

B
42

## SUGGESTION: Use the Value Line Guide to compare these two companies

One is doing well. One isn't.





42

**B** 43

## Other Sites for Investor Education and Information

**U.S. Securities and Exchange Commission (SEC)**  
<https://www.Investor.gov>  
Introduction to Investing  
Financial Tools & Calculators  
    Compound Interest Calculator  
Information for students, teachers, parents

**FINRA**  
<https://www.FINRA.org/investors#/>  
Financial education, includes section for military members

**Other Local Libraries:**  
Stock and Fund Reports  
    Morningstar and CFRA Reports  
Education

43

**B** 44

## Advantages of Starting Young

**Time is on your side !**  
Compound interest works longer.  
More time to recover from mistakes  
Time for investment education while consequences small  
Risk is decreased with longer time horizons

**Large resources not needed**  
Small amounts grow with time  
    At 10% annual compound growth  
    \$25 per month for 40 years = \$159,419.51  
    \$25 per month for 10 years then wait 30 years = \$90,105.23

44

<b>B</b>	<b>45</b>
<h2>Disadvantages of Starting Young</h2> <p><b>Limited resources</b> Less available to invest long time horizon helps negate this disadvantage</p> <p><b>Minors cannot open brokerage accounts</b> More work to open an account Adult custodian needed CUTMA accounts</p>	

45

<b>B</b>	<b>46</b>
<h2>CUTMA</h2> <p><b>California Uniform Transfer to Minors Act</b> Update to the California Uniform Gift to Minors Act Became effective in 1985 Adult custodian needed Income from CUTMA accounts taxable to minor not parents if minor age &gt; 13 years At 18 years old CUTMA account belongs to minor custodian has no legal account control CUTMA can be used for multiple asset types stocks and bonds bank accounts real estate (unusual, advise consulting an attorney)</p>	

46

B

47

## Summary

- Know yourself and your financial goals
- Match short-term and long-term goals to appropriate financial assets
- Compounding works best over many years.
- No need to learn everything at once
- Let information, not emotion, be your guide
- As a start, practice reading company reports such as Value Line Reports
- Fees eat into your CAR
- It's OK to hire financial advisors if they can do a better job
- Use free, impartial investing resources whenever possible

47

B

## Question and Comments

### Getting Started as a Young Investor

Russell Malley [iclub-ram@comcast.net](mailto:iclub-ram@comcast.net)

Marion Michel [contact@silicon.betterinvesting.net](mailto:contact@silicon.betterinvesting.net)  
Directors, Silicon Valley Chapter, BetterInvesting

Website

<https://www.betterinvesting.org/chapters/silicon-valley>



48