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Diving Into Social Security, Medicare and Long-Term Care



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COLA in Perspective

1990	4.70%	2002	2.60%	2014	1.50%
1991	5.40%	2003	1.40%	2015	1.70%
1992	3.70%	2004	2.10%	2016	0.00%
1993	3.00%	2005	2.70%	2017	0.03%
1994	2.60%	2006	4.10%	2018	2.00%
1995	2.90%	2007	3.30%	2019	2.80%
1996	2.60%	2008	2.30%	2020	1.60%
1997	2.90%	2009	5.80%	2021	1.30%
1998	2.10%	2010	0.00%	2022	5.90%
1999	1.30%	2011	0.00%	2023	8.70%
2000	2.50%	2012	3.60%	2024	3.20%
2001	3.50%	2013	1.70%	2025	2.50%





















	-	Premiums Related A				
MAGI Single	MAGI Joint	MAGI Married filing separately and living with spouse	Part B monthly premium paid to Medicare	Part B IRMAA paid to Medicare	Part D IRMAA paid to Medicare	Total Parts B & D premium
≤\$106,000	≤\$212,000	≤\$106,000	\$185.00	\$0.00	\$0.00	\$185.00
\$106,001– \$133,000	\$212,001- \$266,000		\$185.00	\$74.00	\$13.70	\$272.70
\$133,001- \$167,000	\$266,001- \$334,000		\$185.00	\$185.00	\$35.30	\$405.30
\$167,001– \$200,000	\$334,001- \$400,000		\$185.00	\$295.90	\$57.00	\$537.90
\$200,001– \$499,999	\$400,001– \$749,999	\$106,001-\$393,999	\$185.00	\$406.90	\$78.60	\$670.50
≥\$500,000	≥\$750,000	≥\$\$394,000	\$185.00	\$443.90	\$85.80	\$714.70



6/30/2025









lf you sign up:	Coverage starts:
Before the month you turn 65	The month you turn 65
The month you turn 65	The next month
1 month after you turn 65	The next month
2 or 3 months after you turn 65	The next month



B Dates to Watch	 Jan. 1 – March 31 Medicare Advantage disenrollment period—can switch from MA plan to original Medicare (first make sure you can get a supplemental policy—may be subject to underwriting) Medicare general enrollment period—if missed initial or special enrollment pariod_can aproll in Medicare power
	period, can enroll in Medicare now. Coverage will start the month after enrollment



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Medigap (Supplemental) Plans

Medigap Benefits	Α	В	С	D	F	G	K	L	Μ	N
Medicare Part A coinsurance and hospital costs up to an additional 365 days after Medicare benefits are used up	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Medicare Part B coinsurance or copayment	100%	100%	100%	100%	100%	100%	50%	75%	100%	100%
Blood (first 3 pints)	100%	100%	100%	100%	100%	100%	50%	75%	100%	100%
Part A hospice care coinsurance or copayment	100%	100%	100%	100%	100%	100%	50%	75%	100%	100%
Skilled nursing facility care coinsurance			100%	100%	100%	100%	50%	75%	100%	100%
Medicare Part A deductible		100%	100%	100%	100%	100%	50%	75%		100%
Medicare Part B deductible			100%		100%					
Medicare Part B excess charges					100%	100%				
Foreign travel emergency (up to plan limits)			80%	80%	80%	80%			80%	80%

* Starting in 2020, Plans C and F are not be available to people new to Medicare

* For Plans K and L, after you meet your out-of-pocket yearly limit and Part B deductible, the Medigap plan pays 100% of

covered services for the rest of the calendar year. Out-of-pocket limits: Plan K \$7,020; Plan L \$3,610

 $\ast\,$ Plan N pays 100% of the Part B coinsurance, except for some copayments.









^B Planning for Fut	ure Health (32 Care Costs
	According to this source	You will need to have this much at the start of retirement to pay for future medical expenses, not including long-term care
	Fidelity	\$330,000 for couples
	Employee Benefit Research Institute	\$184,000 for men \$217,000 for women \$351,000 for couples
	Your own customized analysis	???







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	Percentage of Persons Age 65 and Over with a Disability, 2017
	0% 20% 40% 60% 80% 100%
	Independent living difficulty 14%
35%	Self-care difficulty 8%
of People Over	Ambulatory difficulty 22%
65 Have Activity	Cognitive difficulty 9%
Limitations	Vision difficulty 6%
	Hearing difficulty 14%
	Any disability 35%















